



Mountain View Results From The Lowell Invitational At Golden Gate Park On 9/7/19

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Boys Results And Stats

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Boys Indiv	Boys Team	V Indiv	V Team	So Indiv	So Team	JV Indiv	Fr Indiv	Fr Team	All Races					
Boys Individual Results														
Runner	Gr	Squad	Time	Pace	Dist	Place	Rank in Squad	Rank in School	Rank vs Comp ?	Last Year Time (Δ,%)	Last Race Time (Δ,%)	Last PR (Δ,%)	Last DPR (Δ,%)	Imprmnts
Adams, Chase	Jr	V	16:28.6	5:37	2.93	107/219	4/7	4/9	14/36	18:05 (1:36,8.9)	18:05 (1:36,8.9)	18:05 (1:36,8.9)		You ROCK! (LY, LR, PR, SBP)
Bannikov, Stephan	Jr	V	15:50.1	5:24	2.93	66/219	2/7	2/9	17/36					You ROCK! (SBP)
Benedetti, Max	Fr	Fr	14:38.3	6:52	2.13	115/238	8/12	16/22	4/12					You ROCK! (SBP)
Black, Andrew	Jr	V	16:31	5:38	2.93	111/219	5/7	5/9	12/35					You ROCK! (SBP)
Blockhus, John	So	So	13:50.1	6:30	2.13	89/214	5/10	9/22	8/20	14:35 (0:45,5.1)	14:35 (0:45,5.1)	14:35 (0:45,5.1)		You ROCK! (LY, LR, PR, SBP)
Calder, Kaden	Fr	Fr	14:47	6:56	2.13	120/238	9/12	18/22	4/8					You ROCK! (SBP)
Garcia, Arturo	So	So	14:31.1	6:49	2.13	136/214	8/10	13/22	6/11					You ROCK! (SBP)
Grayeski, Ethan	So	So	14:07.2	6:38	2.13	106/214	6/10	10/22	8/16	14:16 (0:09,1.0)	14:16 (0:09,1.0)	14:16 (0:09,1.0)		You ROCK! (LY, LR, PR, SBP)
Huynh, Toby	Fr	Fr	14:54.8	7:00	2.13	126/238	11/12	20/22	3/8					You ROCK! (SBP)
Kaemmerer, Lucas	So	So	12:45.5	5:59	2.13	32/214	1/10	2/22	13/28					You ROCK! (SBP)
Kitani, Matthew	Fr	Fr	14:36.5	6:52	2.13	113/238	7/12	15/22	5/15					You ROCK! (SBP)
Leblond, Emmanuel	So	V	15:35.8	5:19	2.93	47/219	1/7	1/9	22/37					You ROCK! (SBP)
Lien, Brandon	Fr	Fr	15:03.1	7:04	2.13	135/238	12/12	21/22	3/7					You ROCK! (SBP)
Markelz, Evan	Fr	Fr	13:20.6	6:16	2.13	39/238	4/12	6/22	5/21					You ROCK! (SBP)
Nguyen, Tai	Jr	V	17:23.7	5:56	2.93	163/219	7/7	8/9	11/18					You ROCK! (SBP)
Nunez, Marcos	Fr	Fr	13:10.7	6:11	2.13	30/238	3/12	5/22	5/24					You ROCK! (SBP)
Pal, Andrew	Fr	So	15:28.1	7:16	2.13	186/214	10/10	22/22	6/8					You ROCK! (SBP)
Pal, Jonathan	Sr	JV	17:50	6:05	2.93	90/262	2/2	9/9	17/34					You ROCK! (SBP)
Pelton, Keegan	Sr	JV	16:32.6	5:39	2.93	21/262	1/2	6/9	9/34	21:19 (4:46,22.4)	21:19 (4:46,22.4)	21:19 (4:46,22.4)		You ROCK! (LY, LR, PR, SBP)
Pereira, Jack	Fr	Fr	14:33.7	6:50	2.13	107/238	6/12	14/22	6/15					You ROCK! (SBP)
Sanchez, Avi	Fr	Fr	14:52.2	6:59	2.13	123/238	10/12	19/22	3/8					You ROCK! (SBP)
Shek, Aidan	Fr	Fr	14:25.5	6:46	2.13	101/238	5/12	12/22	8/17					You ROCK! (SBP)
Sheridan, James	So	So	12:45.9	6:00	2.13	33/214	2/10	3/22	9/28	14:26 (1:40,11.6)	14:26 (1:40,11.6)	14:26 (1:40,11.6)		You ROCK! (LY, LR, PR, SBP)
Smith, Matthew	Fr	Fr	12:51.1	6:02	2.13	19/238	2/12	4/22	5/28					You ROCK! (SBP)
Sommer, Alexander	So	So	13:47.7	6:29	2.13	85/214	3/10	7/22	13/25					You ROCK! (SBP)
Stone, Ethan	Jr	V	16:36.6	5:40	2.93	124/219	6/7	7/9	8/21	18:19 (1:42,9.3)	18:19 (1:42,9.3)	18:19 (1:42,9.3)		You ROCK! (LY, LR, PR, SBP)
Tashev, Willem	So	So	13:49.3	6:29	2.13	88/214	4/10	8/22	10/23	15:02 (1:13,8.1)	15:02 (1:13,8.1)	15:02 (1:13,8.1)		You ROCK! (LY, LR, PR, SBP)
Tejeda, Anthony	So	So	14:23.6	6:45	2.13	128/214	7/10	11/22	6/13					You ROCK! (SBP)
Trepanier, Nicholas	So	V	16:17.1	5:33	2.93	94/219	3/7	3/9	15/36					You ROCK! (SBP)
Vaezaafshar, Barbod	Fr	Fr	12:44.5	5:59	2.13	15/238	1/12	1/22	10/30					You ROCK! (SBP)
Wong, Arthur	So	So	14:45.7	6:56	2.13	155/214	9/10	17/22	5/10	15:10 (0:24,2.6)	15:10 (0:24,2.6)	15:10 (0:24,2.6)		You ROCK! (LY, LR, PR, SBP)
Runner	Gr	Squad	Time	Pace	Dist	Place	Rank in Squad	Rank in School	Rank vs Comp	Last Year Time (Δ,%)	Last Race Time (Δ,%)	Last PR (Δ,%)	Last DPR (Δ,%)	Imprmnts

Under Improvement, the abbreviations are:

- LY = Beat time from the same course a year ago.
- LR = Beat time from the most recent running of this course.
- PR = Set a new PR on this course. A "Course PR".
- PG = Beat personal goal.
- SBP = Best performance of season based on position of finish relative to the field.
- DPR = A "Distance Personal Record" - the personal best time considering distance only, not unique course characteristics. Applicable for 2, 3, and 3.1 mile courses.
- DSR = A "Distance Season Record" - same as above, but for the current season only.